

Asthma Resources

Websites:

What Is Asthma/NHLBI: <http://www.nhlbi.nih.gov/health/health-topics/topics/asthma/>

Healthy Children.org—Asthma: <https://www.healthychildren.org/English/health-issues/conditions/allergies-asthma/Pages/Asthma.aspx>

Childhood Asthma/Mayo: <http://www.mayoclinic.org/diseases-conditions/childhood-asthma/home/ovc-20193095>

Kids Health Asthma Center: <https://kidshealth.org/en/parents/center/asthma-center.html?ref=search>

How to Use a Peak Flow Meter/Mayo: <http://www.mayoclinic.org/diseases-conditions/asthma/multimedia/asthma/vid-20084659>

How to Use a Spacer Without a Mask: <https://www.healthychildren.org/English/health-issues/conditions/allergies-asthma/Pages/Spacer-without-a-Mask.aspx>

How to Use a Spacer With a Mask: <https://www.healthychildren.org/English/health-issues/conditions/allergies-asthma/Pages/Spacer-with-a-Mask.aspx>

Apps:

Asthma Apps for Kids: <http://medicalmonitorusa.com/top-10-mostly-free-asthma-apps/>