

Acetaminophen and ibuprofen dosing

DO NOT give any medications to infants under 2 months of age without consulting a doctor

acetaminophen (brand name: Tylenol)

Most versions currently being sold for infants and children now are the same concentration (160mg/5 ml). If you have older products (such as the infant dropper, marked with 0.8ml), call us for clarification. Tylenol doses can be given every 4-6 hours. Do not give with other medications containing acetaminophen.

Weight	Infant syringe 160 mg per 5ml	Child suspension 160 mg per 5ml	Child melts 80 mg each	Junior chew 160mg each
8-11# (lbs)	1.25 ml			
12-17#	2.5 ml	2.5 ml or ½ tsp		
18-23#	3.75 ml	3.75ml or ¾ tsp		
24-35#	5 ml	5 ml or 1 tsp	2 tabs	
36-47#		7.5 ml or 1 ½ tsp	3 tabs	
48-59#		10 ml or 2 tsp	4 tabs	2 tabs
60-71#		12.5 ml or 2 ½ tsp	5 tabs	2 ½ tabs
72-95#		15 ml or 3 tsp	6 tabs	3 tabs

ibuprofen (brand names: Motrin or Advil)

Ibuprofen can be given to children **6 months and older**. Ibuprofen doses can be given every 6-8 hours. Do not give with other medications containing ibuprofen

Weight	Infant drops 50 mg per 1.25 ml	Child suspension 100 mg per 5 ml	Junior chew 100 mg each	Junior tab 100mg each
12-17# (lbs)	1.25 ml	2.5 ml or ½ tsp		
18-23#	1.875 ml	3.75ml or ¾ tsp		
24-35#	2.5 ml	5 ml or 1 tsp		
36-47#		7.5 ml or 1 ½ tsp		
48-59#		10 ml or 2 tsp	2 tabs	2 tabs
60-71#		12.5 ml or 2 ½ tsp	2 ½ tabs	2 ½ tabs
72-95#		15 ml or 3 tsp	3 tabs	3 tabs

Cold medications

Cold medications should not be given to children under 6 years of age. These medications have not been proven to be effective in this age group, and they can cause serious side effects in children.

We **do** recommend the following, which may be helpful:

- Vaporizer / humidifier or steamy showers
- VapoRub for kids over 1 year (unless approved by the doctor)
- Increasing fluid intake
- Honey (over one year of age) or honey based cough syrups (example: Zarbees)
- Saline nose spray/drops
- Suctioning of the nose